



Hante Boundary Waters 2019 Equipment List

This list contains items that you will need for Hante Boundary Waters. We have spent a lot of time preparing this list. **It is important that you bring each of the items on the list** to insure that you are prepared for your trip. If you arrive without one of the essential items on the list, we will attempt to purchase it for you at your expense. This will be inconvenient for everyone, so please arrive with everything that you need. Please note that for some items of clothing we specify **non-cotton**; this is a mandatory requirement because synthetic materials will keep you warmer in wet conditions. If you have any questions about equipment or clothing needs please give us a call. **(Items marked with “+” are optional).**

Footwear

- Closed Toe Camp Shoes:** These will be the shoes you use to cook in and will be dry around camp. They should fully cover the foot from the ankle down, and waterproof shoes are recommended since it will rain while you are at camp. (Hiking shoes with gortex, sneakers, boots, etc. Crocs are not permitted, even the kitchen safe ones)
- Water shoes:** These must be shoes that can get wet and stay on your feet. Astrals and Keens (Closed Toe-ish) are the most appropriate as they will be getting wet, but you will also need to portage canoes and gear in these shoes. Chacos and sandals tend to cause blisters over long term treks like this.
- 5 pairs of wool or synthetic hiking socks:** These help keep your feet warmer even when they're wet. SmartWool, Wigwam, and Fox River make comfortable socks.
- + Camp sandals.** These optional shoes are for around camp when not completing camp tasks that required close-toed shoes (flip-flops, crocs, chacos, etc.)

Gear

- + 70 Liter or Larger Dry Bag Backpack:** SealLine Boundary Pack or NRS Bill's Bag. This is an optional piece of gear to use for packing all personal camping gear for the Canoe Trek section. If you do not already own one of these, then use a large duffel or backpacking pack for travel to meet the group. Hante Adventures will bring Dry bag backpacks for participants who need them.
- Small Duffel Bag/backpack:** This should serve as an additional space for your clothes and will be used for storing clothes that are not taken backpacking, etc.
- Sleeping bag with compression sack:** The bag should have a rating of at least **20 degrees** or lower. Polyester fill bags are best. Marmot, Kelty, Big Angus, REI, and North Face all make quality sleeping bags. Please refrain from purchasing a down bag, as they are problematic when they get wet. Cotton bags are not acceptable. **Compression Sacks** come in waterproof varieties. It **MUST** compress the bag to 11"x17" or smaller! Waterproofing is an optional peace of mind, but the max compression size is mandatory!
- Sleeping pad:** A closed cell or inflatable pad will give you some cushion under your sleeping bag and will also serve as insulation to help keep you warm. Hante Adventures also has sleeping pads available for our participants.

Clothing

- 1 long underwear top and 2 long underwear bottoms (Base/Mid Layers):** Light to mid-weight polypro, capilene, silk, or wool will help keep you warm even when wet. No cotton!
- Raincoat + Rainpants:** Be warned; it *will* rain for some or a lot of your trip. Bring waterproof, breathable, durable, raingear. Our best defense against hypothermia is staying dry.
- 2 pairs of quick drying shorts:** These do not need to be fancy hiking shorts, and standard athletic shorts will work just fine in the field. These can also be half of your “convertible pants.”
- 1 pair of quick drying pants:** With so many bugs and nettles in the summer, you will more than likely hike in these pants most days. Many hiking pants are a cotton blend, and please check the label to make sure they are 100% polyester. Convertible pants are good too, can be shorts and cut down on pack weight.

- 2-3 short sleeve non-cotton T-shirts:** Any kind of synthetic clothing, from the Patagonia capilene to simple Under Armor T-shirts. Please, do not bring cotton T-shirts.
- 1 warm jacket:** The evenings can be cold, even during mid-summer days, and you'll want a heavier fleece jacket to layer. This may also be a synthetic or down jacket.
- Decent, casual clothes for travel and a final dinner:** one or two outfits will be plenty and these may be cotton.
- 1 Swimsuit (no string bikinis!)**
- 6-8 pairs of underwear**
- 1 hat for sun protection**
- 1 Bug Head Net – This is REQUIRED!**
- 1 Bandana**
- 1 wool or fleece hat**

****Please note that space for clothing and gear is very limited and everything needs to be easily transportable AND fit in a backpack...Please limit what you bring to this list, unless you hear otherwise from us. Thanks!****

Personal Items

- Headlamp and extra batteries:** A hands-free light is required! You may be setting camp in the dark. Look into water-resistant/proof varieties.
- Please bring any wrist, ankle or knee braces for any past injuries you have had.**
- Glasses, contacts, retainers, and medications you regularly take, etc.**
- Toiletries:** Toothbrush, toothpaste, soap, shampoo, etc.
- One bottle of sunscreen:** SPF 30+
- One large bottle insect repellent:** Enough for you to apply multiple times a day, for 20 days. Consider Treating clothes with Wash-In insect guard before the trip.
- Pack Towel**
- Dark Sunglasses and Glasses retainer (Chums, Croakies, etc)**
- Pocket knife:** (remember not to store it in your carry-on luggage)
- Extra Stuff sack and several small ditty bags:** Great for organizing.
- 10-15 large zip lock bags**
- 2 one-liter(32 oz.) Water Bottles:** This should be a total carrying capacity of 2 liters or 64 oz. Hydration systems are not adequate for this trip. Water bottles are required.
- 1-2 carabiners/clips:** For securing water bottles/gear inside the boats. Does not need to be load bearing/for climbing.
- +Journal**
- +Crazy Creek or other small camp chair:** This is HIGHLY recommended and needs to fit in the Dry Bag Backpack.
- +Cup, Bowl, Spoon**

Miscellaneous Items (optional)

- +Digital Camera**
- +Reading materials**
- +Small set of art supplies**
- +Stationary and stamps**

+: Remember, items marked with “+” are optional

We hope that you have many of the items on hand or can borrow them from friends. If you plan on borrowing a backpack or sleeping pad from Eagle's Nest, please return the *Equipment Request Form* by May 1st. If you do need to purchase gear you can find many of the items on this list in surplus stores, thrift shops, local sporting good stores, outdoor stores and online. Below are a few reputable companies:

REI
www.rei.com
1-800-426-4840

Diamond Brand Outdoors
www.diamondbrand.com
1-800-459-6262

Campmor, Inc.
www.campmor.com
1-888-226-7667