

Hante Appalachian Trail Trek: Virginia

Goals and Course Summary

GOALS:

- Develop wilderness skills in backpacking, camp craft, navigation, back country cooking, and more.
- Develop leadership skills and put them to practice as a Leader of the Day (LOD)!
- Learn to travel with a group and develop tolerance for adversity and uncertainty as no two days are alike.
- Build a community you're sure to never forget.

SUMMARY

On your Hante, you will have the wonderful opportunity to travel simply through the beautiful Grayson Highlands with a close community of friends and peers on the Appalachian Trail. Although you won't make it the entire 2,175 miles to the northern terminus of the AT in Maine, your 100-mile journey will be amazing! The Hante Adventures program began with a simple trip on the Appalachian Trail with our founder, Helen Waite, in 1973. Over the past 38 years we have logged thousands of miles on the trail from the foothills of Georgia to Mt. Katadahn in Maine.

PLANNING AND PREPARATION

Spending three weeks living from your pack is both liberating and challenging. This kind of travel is incredibly rewarding and being 100% prepared is essential. Carefully read all trip materials, as well as the information we will be sending over the course of the following months. In order to have a successful trip, everyone will need to be prepared to travel and bring lots of patience and energy. Beyond the basic camping skills that you know or will learn, you will also be exposed to new and challenging environmental and travel factors that will require you to work and communicate effectively as a group. This course will focus on the development of wilderness skills in backpacking, camp-craft, and orienteering. Beyond these technical skills, your Hante will also focus on learning and exploring the ecology and geological history of these historic mountains. Your instructors want you to walk away from this Hante having gained a sense of what historical factors have shaped the Appalachian region. They also want to help you foster your own personal connection to the natural world.

COMMUNITY

The Hante Adventures program is committed to the creation of a unique community. We ask you to commit to live and work as a part of the community we will create on our grand adventure. You'll find that everyone will have different strengths and your instructors will help to create a nurturing community in which you will feel the support you need to succeed. As a member of the community you will also be responsible to the group that you will be living, learning, working, playing, sharing, and laughing with for the three weeks of your trip. This takes commitment from everyone to be group oriented. What this means is that, at times, you will have to put individual needs behind the needs of the group. A community's strength springs from the dedication of its individuals.